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A Trauma Sensitive Approach to Substance Use Disorders

January 29, 2021

12:30 – 3:30 pm

Presentation: Trauma informed practice implies a working knowledge of not only what signs and symptoms exist with trauma but also, how trauma impacts brain function, coping, and patient well-being. This session will cover the basics of post-traumatic stress with special focus on the intersect of substance use/Substance Use Disorders. Critical considerations when engaging and providing services will be explored. As a result of attending this training, participants will:

- Describe the neurobiology of trauma.
- Recognize the impact of trauma(s) on coping.
- Explain the intersect between trauma and substance use/ Substance use Disorders.
- Identify critical strategies when working from trauma perspective.

Presenter: Dr. Tana Bridge is a professor of Social Work at Eastern Michigan University. She is recognized for her passion, expertise, and skills in engagement. She has a 25-year track record of excellence in teaching, service, and professional consulting. Dr. Bridge's expertise in trauma, ethical practice and collaboration are common threads in all areas of engagement. She currently serves on many local and state-wide committees. She is licensed in both clinical and macro practice. Dr. Bridge has several awards and advanced certifications.

Where:

Virtual Training. Zoom link will be sent out the week of the training to registered participants.

Who Should Attend? Hospital staff from all disciplines in New Hampshire hospitals who are interested in learning more about substance use/opioid use disorders.

To Register: <https://sudtraining2021.eventbrite.com> Please contact Carrie McFadden cmcfadden@healthynh.org with any questions.

Continuing Education:

Nurses: Southern NH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3.0 contact hours, Activity Number: 1364.

Physicians: The Southern NH Area Health Education Center, accredited by the NH Medical Society, designates this live activity for a maximum of 3.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For all other health professionals: 3.0 hours

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