

**Do Not Attempt Resuscitation (DNR)**  
**Identification Jewelry**

**for**

**Portable-DNR\***

The NH Bureau of Emergency Medical Services strongly recommends that any one who has a Portable-DNR living in the community, not in a health care facility, wear a DNR bracelet or necklace in addition to always carrying the Portable-DNR card. New Hampshire law requires that the bracelet or necklace be inscribed as follows:

**NAME**  
**DATE OF BIRTH** (in numerical form, e.g., '9-19-37')  
**'NH-DNR'** or **'NH Do Not Resuscitate'**

Where do I get a DNR bracelet or necklace?

- A bracelet or necklace may be purchased from a local pharmacy or jewelry store once you have the Portable-DNR form signed by you and your medical doctor or your Advance Registered Nurse Practitioner.

You may also order a bracelet or necklace via the internet at:

- American Medical ID or call toll-free at 1-800-363-5985  
[www.americanmedical-id.com](http://www.americanmedical-id.com)  
Prices start at \$21.95 plus shipping and it takes about 2 weeks to receive your item.
- MedicAlert Foundation  
[www.medicalert.org](http://www.medicalert.org)  
A membership of \$40 is required plus the cost of the bracelet. Prices start at \$9.95.

\*The Portable-DNR (bright pink) must be obtained from a physician or Advanced Registered Nurse Practitioner. It requires your signature and their signature. Emergency health professionals must see the original, signed Portable-DNR wallet card or form in order to not attempt cardio-pulmonary resuscitation. Talk with your doctor or nurse practitioner if you have questions about portable-DNR.